

Getting rid of unwanted snail mail, and phone calls

Mail

Junk mail elimination call **888-567-8688**. For info see the URL:

<https://www.optoutprescreen.com/>

Do Not Call registry – Both cell phones and land lines

Call this number from your cell phone 888-382-1222. For more information see:

<https://www.donotcall.gov/>

Please pass this on to everyone you know who doesn't want to be hassled by sales people!

Credit reports

Note you can get an annual copy of your credit report for free. You should request a copy from all agencies. The easiest way is <http://www.annualcreditreport.com> which is run by the reporting agencies.

Credit Freeze

About the only thing good from the 2018 tax law change is everyone is able to freeze their credit reports for free. You'll need to go to each agency separately. They will try to sell you an alternative product. I'd just do the freeze.

Identity Theft

<https://www.identitytheft.gov/>

<https://www.consumer.ftc.gov/features/feature-0014-identity-theft>